

## South Island Ceroc Dance Championships

[www.sichamps.co.nz](http://www.sichamps.co.nz)

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**Dunedin**  
**24 April 2010**

The Lion Foundation Arena,  
The Edgar centre,  
Cnr Portsmouth Dr & Teviot St,  
Portsmouth, Dunedin

- Beg, Int, Adv A/B Freestyle
- Advanced Open Freestyle
- Youth & Senior Freestyle
- Beg, Int, Adv DWAS
- Battle of the Sexes
- Showcase
- Triples
- Teams

### Competitor Liaison:

Deb Robinson

Contact: (03) 366 0123

021 234 7064

[info@sichamps.co.nz](mailto:info@sichamps.co.nz)

Please keep this section

Please post this section

**South Island  
Ceroc Dance  
Championships**

### Send entry form to:

SI Champs, P.O. Box 21438  
Edgware, Christchurch, 8143

### Purchase tickets from: Ticket Direct

[www.ticketdirect.co.nz](http://www.ticketdirect.co.nz)  
0800 4 ticket (0800 4 842538)

## Information & Entry Form

### COMPETITORS INFORMATION AND CONDITIONS OF ENTRY (updated 2/4/10)

- Entries open 22 Feb. **Entries close 14 April 2010**. Entry numbers are limited, so register early to avoid disappointment.
- All competitors must pre-purchase a **competitors ticket** for table seating on the main floor at the competition and include the number on their entry form. Tickets are available through Ticket Direct - 0800 4 TICKET
- The competition is open to Ceroc dancers from New Zealand and around the world. All competitor entries must be signed off by a Ceroc branch owner or a certified Ceroc teacher currently teaching for a Ceroc Branch.
- All teachers must compete at Advanced A level.
- Youth and Senior competitors may also compete in other categories according to their graded level and eligibility.
- Competitors are allowed to enter more than one category but the running order of the day will not be altered to accommodate competitors in back to back events.
- Competitors must be on time for registration and heats or forfeit their place in the competition.
- If unable to compete for any reason, competitors must give notice ASAP to Deb Robinson, Competitor Liaison as it affects the running order of the day and we may have a waiting list for participants.
- The Judges' decision is final and no correspondence will be entered into.
- The South Island Champs organisers in conjunction with Ceroc teachers, reserve the right to: a) re-grade competitors prior to competition in the spirit of fairness for all competitors; b) cancel an event with fewer than 4 entries.
- Competitors must do Ceroc dancing only or moves that look like Ceroc moves. You will be marked down for any dancing that varies from Ceroc (except in Showcase and Teams sections). Ceroc is defined as a modern jive dance style characterised by a relaxed hold, with unpatterned L-R footwork and movement around the floor and each other. (e.g. lindy hop, swing, rock 'n' roll, ballroom jive, salsa, hip-hop, west coast swing, etc are not modern jive).
- In all categories, including showcase and teams, partners must not break contact or do breakaway dancing at any one time for more than 4 bars of music or approx 10-15 seconds.
- In all categories (except Advanced Open, Showcase and Teams), competitors will be penalised for any form of aerials. In Intermediate and Advanced A/B freestyle during a Ceroc lift, one of the woman's feet must be below the man's waist/belt line at all times. Aerials and lifts, where appropriate, will only receive credit if they are performed cleanly and are seamlessly worked into freestyle or your routine, including entries and exits. "Acrobatic throws" are aerials that do not maintain physical contact throughout the manoeuvre and are only permitted in the Showcase and Teams sections.
- Judges are not permitted to be involved in the choreography of competitor routines for events they will be judging. However this does not preclude judges from assisting in technique or move improvement before the day of the competition.

### Rules for Moving Up

If you have placed (1st, 2nd or 3rd) in any Ceroc competition here or abroad, you may stay in that level for up to 6 months from winning that place, providing you do not do anything that would take you up to the next level such as doing classes of a higher level, joining a demo team or becoming a teacher.

### GENERAL INFORMATION

- Healthy food and beverages (licensed) will be available at the venue.
- No sharp or pointed heel shoes allowed e.g. stilettos. No steel plates on shoes. This also applies to spectators.
- A professional DVD of the event will be available from ShootmeDVDs. Anyone wishing to use personal video equipment must purchase a video licence for \$75. Normal hand-held cameras for still photography are permitted.
- The "Welcome!" dance party on Friday night, 23 April, and **Workshops by Myles Munroe and Tessa Cunningham** on Sunday, 25 April, will be held at the South Dunedin Community Hall, 255 King Edward St, South Dunedin. Details and workshop booking forms available at: [www.sichamps.co.nz](http://www.sichamps.co.nz)

### TROPHIES & PRIZES

Trophies will be awarded to third place in each category. Special Prizes will also be awarded for:

- **Best Dressed Couple** (Overall) Judges will be looking for costumes which look good, are interesting, stylish or fun.
- **Most Fun Couple** (Beginners only) Sense of fun, and overall enjoyment and enthusiasm.
- **South Island Cup** (Perpetual trophy) Awarded to the Ceroc branch with most points for entries, placings and support.

## Entry Form

### Please read carefully before signing:

I have read, understood and agree to abide by the competition rules and conditions of entry.  
I understand that the South Island Champs organisers will record my participation in the competition by video and/or photography and maintain the right to use these recordings in any and all media with no obligation to me. Such recordings are the sole property of the South Island Champs organisers.  
I understand that Ceroc is an athletic sporting activity and the South Island Champs organisers take no responsibility whatsoever for any loss or injury to persons or possessions in relation to this competition.

Competitor Name: \_\_\_\_\_ M/F Branch: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Teacher Name: \_\_\_\_\_ Signature: \_\_\_\_\_

## CATEGORY INFORMATION

### Beginners Freestyle

**Music and speed:** one medium song (speed 120 - 130 bpm) of 2 to 3 minutes duration.

**To qualify:** attending Beginner classes only up to competition date.

**Judging Criteria:** timing, sense of fun, costume and execution of moves.

**Beginners Freestyle is:** any combination of Ceroc beginner level moves, or moves that reflect Ceroc beginner level, either in a routine or "off the cuff". No lifts, jumps or drops permitted, you will be penalised for doing these moves.

### Intermediate Freestyle

**Music and speed:** one medium song (speed 120 - 140 bpm) of 2 to 3 minutes duration.

**To qualify:** attending Intermediate / Intermediate Improver / Intermediate Plus type classes only up to competition date. You must not have done any Advanced classes, or be judged to be at Advanced level.

**Judging Criteria:** timing, sense of fun, execution of moves, costume and musical interpretation.

**Intermediate Freestyle is:** any combination of Ceroc moves, or moves that reflect Ceroc performed freestyle or "off the cuff". Ceroc drops are permitted. Aerials are not permitted, i.e. in lifts one of the woman's feet must be below the man's waist/belt line at all times. If a couple performs a move where both the woman's feet are lifted above the man's waist intentionally you will be penalised.

### Advanced B Freestyle

**Music and speed:** one medium to fast song of 2 to 3 minutes duration. In the final couples will dance two songs: one slow and one fast (speed 100 - 165 bpm).

**To qualify:** attending Advanced Intro / Advanced classes up to competition date, current & former advanced demo / performance dancers or any person judged to be at this level by Ceroc staff, with the exception that any person qualifying for Advanced A is not permitted in this section.

**Judging Criteria:** timing, sense of fun, musical interpretation, technical excellence and difficulty of moves, originality of moves, costume and showmanship.

**Advanced Freestyle is:** any combination of Ceroc moves or moves that reflect Ceroc, performed freestyle or "off the cuff". Ceroc drops are permitted. Aerials are not permitted, i.e. in lifts one of the woman's feet must be below the man's waist/belt line at all times. If a couple performs a move where both the woman's feet are lifted above the man's waist intentionally you will be penalised.

### Advanced A Freestyle

Same criteria as for Advanced B with the exception that all teachers, professional dancers and previous Advanced place getters (6 months prior to this event) qualify.

### Advanced Open Freestyle

Same criteria as for Advanced A and B with the exception that aerials are allowed.

### Youth Freestyle

**Music and speed:** one medium song (speed 120 - 130 bpm) of 2 to 3 minutes duration.

**To qualify:** both partners must be under 20 years old on the day of the competition. Proof of age may be required.

**Judging Criteria:** timing, execution of moves, musical interpretation and costume.

**Youth Freestyle is:** any combination of Ceroc moves, or moves that reflect Ceroc, either in a routine or freestyle "off the cuff". Ceroc drops are permitted. Aerials are not permitted, i.e. in lifts one of the woman's feet must be below the man's waist/belt line at all times. If a couple performs a move where both the woman's feet are lifted above the man's waist intentionally you will be penalised.

### Senior Freestyle

Same criteria as for Youth Freestyle with the exception that both partners must be 50 years old or over on the day of the competition to qualify.

### Dance With A Stranger (DWAS)

Same eligibility criteria as for freestyle categories. Dance With a Stranger will involve 6 couples on the floor at a time and partners swapped every 35 seconds until all 6 men have danced with all 6 women.

### Battle of the Sexes

**Music and speed:** one medium song (speed 120 - 130 bpm) of 2 to 3 minutes duration.

**To qualify:** both partners must be of the same sex.

**Judging Criteria:** timing, sense of fun, musical interpretation, and difficulty of moves, costume and audience appeal.

**Battle of the sexes is:** any combination of Ceroc moves or moves that reflect Ceroc, performed freestyle or "off the cuff". Ceroc drops and aerials are permitted, however competitors must only dance moves relative to their level or they will be re-graded.

### Triples

**Music and speed:** one medium song (speed 120 - 130 bpm) of 2 to 3 minutes duration.

**To qualify:** three partners are required.

**Judging Criteria:** timing, synchronization, musical interpretation, and difficulty of moves, originality of choreography, costume and audience appeal.

**Triples is:** any combination of moves that reflect Ceroc, either in a routine or "off the cuff". Ceroc drops and aerials are permitted, however competitors must only dance moves relative to their level or they will be re-graded.

### Showcase

**Music and speed:** your own choice, minimum of 3 minutes, maximum of 4 minutes. Please provide CD format with your entry form. Label it with your name, phone number, track required, and the cue to press play.

**Couples per heat:** one

**To qualify:** Showcase is open to everyone, however competitors must only dance moves relative to their level or they will be re-graded.

**Judging Criteria:** timing, opening and closing, musical interpretation and choreography, technical excellence and difficulty of moves, originality of moves, costume and showmanship.

**Showcase is:** a performance dance by one couple to set music. Timing starts when the performance commences, as indicated by voice, music, physical presence on dance floor or dance. Opening/scene setting is restricted to 30 seconds commencing from when the dancers start their performance. Couples must be dancing in contact after this time. Aerials are permitted for Advanced competitors in this section. Ceroc content must be 70%. Non-Ceroc content, e.g. hip-hop, salsa, breakaways etc, must be no more than 30%.

### Teams

**Music and speed:** your own choice, minimum of 3 minutes, maximum of 4 minutes. Please provide CD format with your entry form. Label it with your name, phone number, track required, and the cue to press play.

**To qualify:** a team must consist of three or more couples or triples. Teams are open to everyone, however competitors must only dance moves relative to their level or they will be re-graded.

**Judging Criteria:** timing, synchronization; opening and closing, musical interpretation, and difficulty of moves, originality of choreography, costume and showmanship.

**Teams is:** a performance dance routine by three or more couples to set music. Timing starts when the performance commences, as indicated by voice, music, physical presence on dance floor or dance. Opening/scene setting is restricted to 30 seconds commencing from when the dancers start their performance. Couples must be dancing in contact after this time. During the performance, partners must not do breakaway dancing at any one time for more than 4 bars of music or approx 10-15 seconds.

Aerials are permitted for Advanced competitors in this section. Ceroc content must be 70%. Non-Ceroc content, e.g. hip-hop, salsa, breakaways etc, must be no more than 30%.

#### Please note:

- Numbers in each section are limited and places will be allocated on a first come first served basis. Every competitor (i.e. BOTH partners) need to fill out this entire form.
- Places will not be allocated until the entry forms of both/all partners are received.

**Tick all the events you are entering and record the name of your partner(s) if applicable:**

#### Freestyle:

- Beginners  
 Intermediate  
 Advanced B  
 Advanced A

Partner: \_\_\_\_\_

- Advanced Open Partner: \_\_\_\_\_  
 Youth Age: \_\_\_\_\_ Partner: \_\_\_\_\_  
 Senior Age: \_\_\_\_\_ Partner: \_\_\_\_\_  
 Battle of the Sexes Partner: \_\_\_\_\_  
 Triples Partners: \_\_\_\_\_

#### DWAS:

- Beginners  
 Intermediate  
 Advanced

#### Choreographed:

- Teams  
Name: \_\_\_\_\_  
 Showcase  
Title: \_\_\_\_\_  
Partner: \_\_\_\_\_

**Ticket Direct Competitors Ticket: Table No.:** \_\_\_\_\_ **Seat no.:** \_\_\_\_\_ (purchase from [www.ticketdirect.co.nz](http://www.ticketdirect.co.nz), or ph: 0800 4 TICKET)

- All entries must include the table and seat number on your **competitors ticket**. Competitors tickets cost \$50. Spectator tickets are not acceptable for competition entries.
- Order DVDs at the event from ShootmeDVDs. Info: [www.shootmedvds.co.nz](http://www.shootmedvds.co.nz)
- SIChamps 2010 shirts and ladies hoodies will be available for pre-order from March.